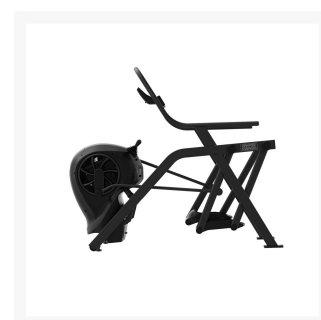


Hammer Strength HD SPARC

£6,178.00

Product Images



Short Description



Why The Hammer Strength HD SPARC?

The ability to get a low impact, high intensity workout has never been more desirable. That's where the Hammer Strength HD SPARC provides you with options. From rehab through to maximum training efficiency, the reduction of stress on joints allows you to work harder.

The HD SPARC provides a unique high-knee position that not only engages the glutes and muscles to create a downward-driving force for maximum training efficiency, but it can also be used in rehab. With it's 10 levels of resistance, multiple grip handlebars and oversized foot platforms, the HD Sparc is a must have for CrossFit and larger home gyms.

Key Features

- 10 resistance levels
- Multi-grip handlebars
- Oversized foot platforms
- LCD console with performance metrics
- Workout metrics like time, distance, SPM, watts and level

HD Performance Trainers

Part of a suite of HD performance machines, Hammer Strength want to help you get the most from your workouts.

- [Hammer Strength HD Air Bike](#)
- [HD Curve](#)
- HD SPARC

Additional Information

Weight	118.000000
Equipment Usage	Home & Commercial Use
Warranty	Home Use - 3 Years Parts & Labour. Commercial - 2 Years Parts & Labour
Power Consumption	None
Display Monitor	LCD Console - Two D Cell Batteries
Resistance Levels	10
Max User Weight	159kg
Power Source	Two D Cell Batteries for console
Console Functions	Time, Distance, SPM, Watts, Level
Program Types	Circuit, Interval
Handlebars	Multi - grip
Length Dimensions	180cm
Width Dimensions	88cm
Height Dimensions	154 cm