

# Studio BodyPump Set (Black Bar / Coloured Discs)

£119.99

## Product Images



## Short Description

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Recreate those studio sessions with this coloured studio BodyPump set. Whether at the gym or to replicate workouts at home, the studio pump set comes with a 1400mm x 30mm hollowed black bar and 17.5kg of coloured discs. The ideal piece of kit for some strength training and/or group fitness sessions.

## Choosing the Pump Set with Coloured Discs

Adding a bit of colour thanks to the discs, if you prefer plain, we have the [PU studio pump set with black discs](#). The hollowed bar can take a maximum weight of 35kg but if you are planning on using more weight than this then please contact us and we can supply a 1500mm solid bar.

## Description

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### BodyPump Set for the Studio or Home

BodyPump is a hugely popular fitness class in gyms and health clubs up and down the UK. Classes were started by Les Mills and this studio BodyPump set is exactly the same as you'll find in most gyms and clubs. It can be used by anyone to perform a number of strength and CV exercises from the comfort of your own home. It is also a good choice for personal trainers or gym managers to use in large group sessions. Perform, presses, rows, squats, lunges, whatever you choose whilst using this for effective strength training.

### The BodyPump Set Features

This set comes with a 1400mm hollow black bar and includes the following coloured discs :

- 2 x 5kg
- 2 x 2.5kg
- 2 x 1.25kg

You also get a pair of 30mm quick release spring collars.

The new rubber discs have 3 integrated handles so that you can take them off and use them for additional exercises. The bar has a maximum recommended capacity of 35kg, if you require a more solid bar then please call us before purchasing as we do have the chrome bar version that allows for a heavier weight.

## Additional Information

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| Weight          | 20.000000         |
| Equipment Usage | Home & Commercial |
| Warranty        | 1 Year Warranty   |