

# Hammer Strength HD Elite Power Rack

£3,276.00

## Product Images



## Short Description

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Having a Power Rack in your gym allows for advanced strength workouts as well as the chance to perform weightlifting exercises properly. The Hammer Strength HD Elite Power Rack is an industry leader and comes with a long list of add-ons and attachments so you can customise it to your requirements.

## Why the HD Elite Power Rack?

If you like your strength workouts, the versatility of a Power Rack is hard to beat. From conventional exercises such as squats, bar presses and pull ups through to power lifting, the variation you can cover is huge. This Power Rack is no different and comes from the world renowned Hammer Strength brand. With over 30 additional components to choose from you can tailor the rack to exactly how you need it.

## We Give You More...

GymEquipment.co.uk also include the following :

- Each Machine Is Made To Order\*
- FREE Delivery to Mainland UK\*\*
- No Deposit - 0% Finance

\* Please Contact Us For Lead Times

\*\* Mainland UK excluding Northern Ireland and Highlands, IM and JE postcodes.

## Description

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## Choosing The Right Power Rack

If you want to get versatility from a piece of equipment, you have the room and height to take it, then buying a power rack is a great way to set yourself up for literally hundreds of exercises. From its 10 weight horns, to the modular design, the carefully designed bolting system to the huge range of add-ons you can buy to increase the exercises you can perform.

## Why Choose A Rack?

Whether you call it a power rack or a squat cage, this metal frame comes with two J-Hooks (one for each side of the upright) that you place at the right height for you to perform squatting or bench pressing. The Hammer Strength Power Rack comes with a number of add-ons (shown below) and all the tools to perform a wider range of exercises in a safe and sturdy environment.

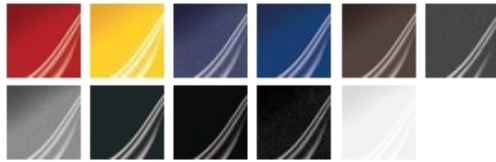
Power racks are perfect for squats, bench press, overhead press, deadlifting, shrugs and more. The frame will act as a spotter or safety net when heavier weights are being used.

## The HD Elite Power Rack Features

- Fully enclosed rack
- Optimal spotting capabilities
- Powder coating finish
- Various Colours (see colour swatches below)
- J-Hooks supplied

## Frame & Upholstery Colours

#### SERIES FRAME COLOR OPTIONS :



#### SERIES UPHOLSTERY COLOR :



## Add-Ons - Attachments

We can supply all add-ons and attachments below as part of your order, please call on 01494 956765.

- Sumo Base - Wider Base
- Bumper Plate & Tray - Front Load
- Bumper Plate & Tray - Side Load
- Accessory Storage Rack
- Accessory Storage/Dip Station
- Dock N' Lock
- Adjustable Bench (Dock N' Lock)
- Adjustable Bench
- Top Ball Storage
- Inserts
- Platforms
- Custom Lettering
  
- 2 Handle Pull Up - 1.25" grip - 2 x ergonomic handle positions
- 3 Handle Pull Up - 1.25" grip - 3 ergonomic handle positions
- Thick Grip Pull-Up - 2" knurled grips
- Dual Pull-Up - Thick grip front handles, 2 handle positions for rear
- Straight Bar Pull-Up
- Neutral Pull-Up Bar
- Neutral Pull-Up Bar
- Rotating Chin-Up
- Thick Straight Side Pull-Up
- Arc Dual Pull-Up
- Wing - 30 degree, 5 bars
- Power Pivot - Rotation exercises
- Sliding Band Pegs - adjustable band resistance training
- Top Band Pegs - over-speed training
- Single Leg Squat Bar
- Reverse Bar Supports
- Spotter Platform
- Dip Handle
- Technique Trays
- Battle Rope Attachment
- Step Up Platform
- 4 Bar Storage

- Rack Connectors
- Half Rack Bar Catch Storage

## Technical Features

- Anvil Bracing bolting configuration for frame rigidity
- No exposed hardware bolting - **Hammerlock™**
- 45-degree angle braces with diamond plate for lateral stiffness
- Fully enclosed rack
- Optimal spotting capabilities

## Key Features

- **Anvil Bracing:** Multi-plane bolting configuration increases structural rigidity.
- **Hammerlock™:** Hammer Strength-originated bolting mechanism allows for higher fastening torque and eliminates exposed hardware for a clean look.
- **Spider Gusset™:** 45-degree angle braces with diamond plate to increase lateral stiffness
- Fully enclosed rack
- Optimal spotting capabilities
- **Please note, the bench and weights shown in the image are for illustration purposes only.**

## Additional Information

Weight	402.0000
Equipment Usage	Home & Commercial Use
Length (Width) Dimensions	201cm
Width (Depth) Dimensions	188cm
Height Dimensions	245cm