

# Inspire Fitness M3 Multigym

£2,999.00

## Product Images



## Short Description

The new Inspire M3 model features 4 pulley points with free movement handles, dual isolateral press arms and an abdominal crunch station built into the head pad. It also comes with a seated leg extension/curl station for quad and hamstring exercises. It's perfect for any home gym and allows a huge range of exercises including back rows, chest flies, seated and standing shoulder presses.

# Why Choose The M3?

Stylish and compact the Inspire Fitness M3 multi gym is designed to fit on a 4' x 6' mat so should be suitable for most home and commercial environments. The machine is constructed from commercial 11 gauge steel, has nylon pulleys and 2000lb tensile strength cables so you can rest assured that it is built to last. Take a look at the video for an overview of this awesome product.

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\* Mainland UK excluding Northern Ireland and Highlands, IM and JE postcodes

## Description

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### Inspire M3 Multigym

A multigym like no other, the Inspire Fitness M3 has visually striking looks and is packed with features for a total body workout. Like all products in the Inspire range it is backed by a strong home and commercial warranty so if you are looking for a high quality multi gym then this one comes highly recommended.

#### Key Features

- 6 position height adjustable seat
- 5 position multi-angle backrest
- High, mid and low pulley station
- Leg Station: Fully adjustable rotating leg station allows for seated leg extension & leg curls.
- Press Station: The unique Iso-Lateral press station allows adjustments to be made whilst seated. Press arms feature 4 standard & 4 reverse positions featuring a Free Motion Cable system to improve mobility and co-ordination.
- Accessories: 2 strap handles with revolving grips, aluminium revolving EZ curl bar, ankle strap & full colour laminated exercise wall chart.
- Optional Extras: Leg press, 48" revolving aluminium lat bar, abdominal bar & 5lb add-on weight

#### Exercise Capabilities

- 4 Chest
- 4 Shoulders
- 4 Abs/Back
- 4 Arms
- 5 Leg (7 with optional leg press)
- Unlimited functional exercises with pulleys.

## Additional Information

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Weight	215.000000
Equipment Usage	Home & Light Commercial Use
Warranty	Home Warranty - Lifetime Frame & Welds, 3 Years Parts, 2 Years Cables, 90 Day Upholstery & 1 Year Labour - UK mainland; Light Commercial Warranty - 10 Years Frame. 1 Year Parts. 1 Year Cable Breakage. 90 Days Upholstery *Up to 6 Hours Usage Per Day*
Additional Features	Accessories included: 2 Strap Handles with Revolving Grips, Aluminium Revolving EZ Curl Bar, Ankle Strap & Full Colour Laminated Exercise Wall Chart
Max User Weight	150kg / 330lb / 23.5 Stone
Resistance Type	2 x 95kg Weight Stacks
Weight Stacks	95kg / 210lb
Width Dimensions	102cm / 40"
Height Dimensions	208cm / 82"up to 214cm / 84"
Depth Dimensions	186cm / 73"

## Additional Options

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<b>Add-On Extras</b>	Abdominal Bar	£55.00
	Total Leg press Attachment	£999.00